If you suffer from asthma or other breathing problems, or have a history of obstructive airways disease (bronchospasm), speak to your doctor first before taking this medicine.

If you suffer from heart disease or have been taking atenolol for a long time, your treatment should be withdrawn slowly over two to three weeks time. Always speak to your doctor first before you stop taking this medicine.

If you are going for surgery: you should tell your doctor you are taking this medication; you may be asked to stop this medicine 24 hours before surgery.

Taking other medicines: Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription. The following medicines can affect or be affected by treatment with Atenolol Tablets: - albuterol (used to treat bronchospasm) - aspirin (used to treat blood clots) - beta blockers (used to treat high blood pressure) - corticosteroids (used to treat inflammation) - digoxin (used to treat heart failure) - diuretics (used to treat heart failure) - non-steroidal anti-inflammatory drugs (used to treat pain and inflammation) - sympathomimetics (used to lower blood pressure) - dopamine (used to treat shock) - metoclopramide (used to treat nausea and vomiting) - theophylline (used to treat asthma).

Taking Atenolol Tablets with food and drink: Alcohol should be avoided when taking this medicine as it could cause a lowering of your blood pressure. "Pregnancy and breast-feeding: If you are pregnant, this medicine should not be taken during the first six months of pregnancy. Atenolol Tablets can be taken during the last three months of pregnancy but must be done under close supervision of your doctor. Atenolol Tablets can be taken if you are breast-feeding, but must be done under close supervision of your doctor. Always check with your doctor before taking this medicine.

Driving and using machinery: This medicine may cause tiredness and dizziness, if affected do not drive or operate machinery.
3. How to use Atenolol Tablets

Always take Atenolol Tablets as your doctor has told you. Your doctor will decide the right dose for you; this will be on the pharmacist’s label. Check this carefully, it will tell you how many tablets to take and how often to take them; the usual dose in adults is as follows:

- Treatment of high blood pressure
  - one 50mg tablet each day.

- Treatment of angina
  - one 100mg tablet each day or one 50mg tablet twice a day.

- Treatment of irregular or abnormal heart rate
  - after an initial injection of atenolol, a single maintenance dose of 50mg to 100mg tablet each day.

- Treatment of heart attack
  - after an initial injection of atenolol, one 50mg tablet after 15 minutes followed by one 50mg tablet after 12 hours from the initial injection followed by 12 hour interval then one 100mg tablet each day.

- Treatment of patients with liver or kidney problems or patients who are elderly
  - your dose may be reduced.

Atenolol Tablets are not recommended for children under 12 years.

If you have taken more Atenolol Tablets than you should
If you (anybody else or a child), takes more Atenolol Tablets than you should contact your nearest hospital casualty department or doctor immediately. Always take the container and leaflet with you if possible, even if the container is empty.

If you forget to take Atenolol Tablets
If you forget a dose, take another as soon as you remember. If it is almost time for your next dose, then do not take the missed dose at all. NEVER take a double dose to make up for the one missed.

Do not stop taking Atenolol Tablets suddenly, always speak to your doctor first.

4. Possible side effects

Like all medicines, Atenolol Tablets can cause side effects, although not everybody gets them.

If you experience any of the following, stop taking Atenolol Tablets and seek medical help immediately:

- red itchy skin rashes
- problems breathing
- heart failure (symptoms include shortness of breath, feeling tired and weak, and swelling in the legs, ankle and feet).

Other side effects that have been reported with Atenolol Tablets:

- irregular heart beats
- low blood pressure
- dizziness
- pains in legs
- sore or dry eyes
- visual problems
- blurred vision
- conjunctivitis
- diarrhoea
- stomach pains
- problems sleeping
- feeling depressed
- hallucinations
- hair loss
- erection problems
- mood swings
- headache
- dry mouth
- problems with blood cells
- increased levels of liver enzymes identified through blood tests
- weakness of the muscles
- pains in the muscles and joints
- pins and needles feeling in the arms and legs
- reduced control of the muscles
- increases or decreases in the blood sugar level
- feeling confused, anxious or nervous.

If you experience any side effects or feel that the medicine is affecting you badly tell your doctor or pharmacist immediately.

5. How to store Atenolol Tablets

Keep the pack out of the reach and sight of children.

- Atenolol Tablets should not be stored above 25°C. Store in the original container to protect from moisture; do not transfer your tablets to another container.

Atenolol Tablets should not be taken after the expiry date on the carton, the expiry date refers to the last day of the month.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help protect the environment.

6. Further information

What Atenolol Tablets contain
The active ingredient is atenolol 25mg, 50mg or 100mg.

- Males: Sterile, high magnesium carbonate, potassium K30, sodium starch glycollate and magnesium stearate.

Atenolol 50mg and 100mg Tablets also contain: purified water, opadry orange OY-3455.

What Atenolol Tablets look like and the contents of the pack
Atenolol Tablets are supplied in blister packs of 28 tablets or in polypropylene or polyethylene containers of 500 tablets.

Marketing Authorisation Holder:
Woodhead UK Ltd.
Ash Road North, Wrexham, LL13 9UF, UK.

Manufacturer:
CP Pharmaceuticals Ltd, Ash Road North, Wrexham, LL13 9UF, UK.

Other formats:
To listen or to request a copy of this leaflet in Braille, large print or audio please call, free of charge: 0800 198 5000 (UK Only).

Please be ready to give the following information:

Product name Reference number
Atenolol 25mg Tablets PL 29831/0020
Atenolol 50mg Film-Coated Tablets PL 29831/0085
Atenolol 100mg Film-Coated Tablets PL 29831/0019

This is a service provided by the Royal National Institute of Blind People.

Leaflet Prepared: July 2011